

Enjoy a selection of treatments tailored specially for this season, or choose your favorite massage technique at special winter prices.

Customize your experience choosing your treatment in one of our “nests” located in the spa garden, an indoor treatment room, or at our hotel poolside.

SpRING at your best

Spa ETIQUETTE

SPA HOURS OF OPERATION

Therapy services from 8:00am to 8:00pm

Our spa environment is one of relaxation and tranquility. Please respect all guests' right to privacy and serenity. To preserve the tranquil environment, mobile phones and smoking are not permitted at the spa

ARRIVAL

Please arrive at least 30 minutes prior to your appointment time to fully enjoy the spa facilities, including sauna, cold plunge, and our outdoor pool with accompanying amenities. The use of a swimsuit is mandatory. Please understand that late arrivals may result in a reduction of treatment time.

CANCELLATION

Should you need to cancel or reschedule your appointment, kindly provide a 24-hour notice to avoid incurring the full-service fee.

AGE REQUIREMENT

The spa is an adult-oriented atmosphere; therefore, guests must be 16 years of age or older to experience spa treatments and enjoy the spa facilities. Guests under the age of 16 can enjoy our spa treatments accompanied by a parent or guardian. They do not have access to the spa facilities on their own.

HEALTH CONDITIONS

Prior to your treatment selection, please be sure to inform us of any health conditions you may have such as allergies, injuries, or pregnancy, as these may affect your treatment selection.

Subject to 16% tax & 10% service charge. *All prices are in US Dollars. Prices and services may change without previous notice.

Ext 1072 or Email spapuntademita@conradhotels.com

CONRAD®
PUNTA DE MITA

CONRADPUNTADEMITA.COM

SpRING
SPECIALS

Designed to embrace the beauty and tranquility of nature, Conrad Spa is the very essence of our natural healing surroundings—the earth, sky, water, and fire.

CONRAD® SPA
PUNTA DE MITA



Meet me at the Spa

The Local COLLECTION

TEMAZCAL EXPERIENCE

The Temazcal dome represents the earth, sustaining and giving life. When one enters the clay dome, it is said you are entering the source of all life, Mother Earth, and the experience is a symbol of re-birth. Our shaman will guide guests on a relaxing meditative and emotional experience to help relieve stress and anxiety. This can be a transformative experience. **90 min \$675 (1 to 3 people)**

MARA'AKAME COPAL PURIFICATION EXPERIENCE

Begin a journey of discovery and balance with a healing energy cleanse of burning copal incense and sahumerio herbs. An invigorating exfoliation to activate the body's circulation and prepare the skin for nutrient rich copal clay has an increased detoxifying effect. The final ritual is a body massage combining detoxing technique with warmed stones. **110 min \$405**

MUVIERI

For the Wixaritari people (sometimes referred to as Huichol) the muvieri represents the connection of heavens, earth and the elements and is used in their ceremonies to cleanse energies and elevate their prayers to the gods. This body treatment combines the native herbal traditions as a body wrap with a gentle massage and a hydrating face treatment to bring clarity to mind and calm all senses. **110 min \$405**

YAKA-HIBISCUS ANTIOXIDANT BODY TREATMENT

Enjoy nature's gift with this body treatment. Local yaka and hibiscus flowers rich in beta-carotene, vitamins A and C, and antioxidants help to fight free radicals that damage the skin while softening and nourishing the skin, leaving an even complexion and fresh natural glow. Includes a scalp treatment to enhance relaxation. **80 min \$319**

CHILATE

Chilate is a traditional drink along Mainland Mexico's Pacific Coast. The main ingredient, cacao beans, were valued more than gold in ancient Mexico and reserved for royalty. Enjoy the Cocoa Massage for its rich micronutrient polyphenols and powerful antioxidant flavanols which help reduce inflammation. The scent of chocolate evokes calmness and reduces stress, allowing the mind to drift with happy thoughts. **50 min \$205**

The Conrad COLLECTION

Deep Tissue Massage	50 / 80 min	\$199 / \$309
Melting Relaxing Massage	50 / 80 min	\$199 / \$309
Mom-To-Be Massage	50 / 80 min	\$199 / \$309
Five Elements Warm Stones Massage	80 min	\$329
Sparkling Happiness For Two	80 min	\$749 Per Couple
DermYoung Ultimate Anti-Aging Facial	80 min	\$299
Detox Facial	50 min	\$199
Hydrating Honey Facial	50 min	\$199
Lola's Lavish Aromatherapy Cocoon	80 min	\$319
Aloe & Lavander Soothing Treatment	50 min	\$199

Wellness BAR

Curated treatments designed to enhance the treatment experience. This may be added to a 50-minute treatment.

Reviving Foot Massage	30 min	\$119
Muscle Relief Back Therapy	30 min	\$119
Glow-Up Face Treatment	30 min	\$119

Salon SERVICES

Pedicure	50 min	\$99
Manicure	50 min	\$89
Gentleman Haircut & Style		from \$65
Ladies Haircut & Style		from \$99
Bridal Hair		\$139
Bridal Makeup		\$139
Bridal Hair Trial		\$139
Bridal Makeup Trial		\$139
Special Occasion Updo		\$109
Special Occasion Makeup		\$109